

# GET YOUR READY ON!



## *#Ready Recipe Contest*

**Emergencies happen, but we still gotta eat!**

How would you feed yourself, your family and friends in case of an emergency?  
Submit your best #Ready Recipes for this #Ready Kit Cook-off sponsored by the  
Atlanta-Fulton County Emergency Management Agency.

### **A #READY RECIPE USES:**

- Non-perishable foods - items that would be found in your Ready Kit or pantry, including seasonings, condiments, sweeteners and potable water
- Manual tools - could include can openers and hand whisks, but no electric appliances—especially microwaves!
- Safe alternative heat sources available during a power outage - could include candle warmers, chafing dishes, fondue pots and fireplaces. Charcoal grills and camp stoves should only be used outdoors.

### **HOW TO PARTICIPATE**

- Develop a delicious recipe for a dish using all non-perishable ingredients, manual tools, and alternative heat sources.
- Write it up. Make sure someone else could re-create your dish with the ingredients and instructions you provide.
- **Submit recipes via email to [getready@afcema.com](mailto:getready@afcema.com) by Midnight, September 19, 2014**

All recipes will be evaluated by a review committee. Finalists will be invited to prepare their recipe for the Ready Kit Cookoff -Tuesday, September 30 at 2 p.m.  
in the Atrium of the Fulton County Government Center.